

Sterling-Rock Falls YMCA Summer Day Camp

COVID-19 Prevention Protocol

5/28/20

Sterling-Rock Falls YMCA would like to inform families of the processes and actions that we are putting into place this summer to help reduce the spread of communicable diseases at camp. We are committed with our protocols and processes, and we train our staff carefully in order to provide a safe and healthy environment for our campers.

Pre-camp:

- Campers and staff are expected to arrive "fit for camp." Parents should keep campers home who are showing signs or symptoms of illness.

Communication should be clear, and any unwell campers and staff should be reported to Camp leadership if they have fever or any other signs or symptoms of communicable diseases (cough, cold symptoms.)

- Parents need to complete a health record for each camper. All information requested via the health form must be submitted prior to camper attendance.

Daily Screenings – Arrival to Camp

Daily health screenings will be a must this summer at Day Camp. Upon arrival to Camp each day, staff and campers will:

- Be screened through questionnaire
 - Have you or someone in your household traveled to another country in last 14 days?
 - Have you been in contact with someone suspected to or confirmed to have coronavirus?
 - Has anyone in your household been instructed to self-quarantine?
 - Are you experiencing and symptoms of illness? If so, what symptoms?

and

- Have temperature taken and recorded prior to joining groups

- Anyone with a temperature of 100.4 or higher will not be allowed to stay for program.
- Campers and staff will be excluded from program until they have been fever-free, without the aid of fever reducing medications, for 72 hours.

If camper or staff are found to be unwell or sick during the day, camper or staff member will be sent home until they are well enough to return. Staff are trained to report sick campers to Camp leadership if they are suspicious of an illness sooner rather than later. Campers exhibiting a fever of 100.4 or higher will be escorted to an isolation area until parent arrives for pick-up.

Day-to-Day Prevention – Creating Healthy Environments

Modified Pick-up/Drop-off Procedures

To prevent large gatherings in area of Camp, we will be implementing a 'drive-through' process for pick-up and drop-off.

During Drop-off:

- Parents are to remain in vehicle
- Staff will take and record child's temperature
- Staff will complete screening questionnaire
- Child will then be sent to wash hands and then join group

During Pick-up:

- Parents are to remain in vehicle
- IDs should be presented through closed window
- Staff will take and record child's temperature

Handwashing

Handwashing is one of the best ways to keep our camp safe from communicable illnesses. We have trained our staff about handwashing and hand hygiene. We can help prevent the spread of illness by frequently washing your hands with soap and water for at

least 20 seconds. Hand sanitizer will be readily available in rare areas where soap and water are not available.

We also have staff lead campers by example with handwashing:

- Upon arrival to Camp
- After using the bathroom
- Before/After eating
- After using common items such as, sports equipment, craft supplies, etc.
- After blowing nose, sneezing or coughing

We discourage campers from touching face: eyes, mouth, and nose. This may be hard with the younger campers, but staff will work hard to encourage and lead by example.

Social Distancing

Day Camp will use the following strategies to incorporate physical distancing each day:

- All efforts will be made to keep groups static day-to-day, and even week-to-week when feasible (i.e., same children in same group each day or week).
- Reduced ratios of only 10 children group
- Staff will remind campers to remain at least 6ft. apart during activities
- Avoid gathering or combining groups. No 'all-camp' activities.
- Limit table seating to 2 campers per table, at opposite corners
- Activities planned will not require close physical contact between multiple children
- Majority of activities will be planned for outdoors, exceptions only made for severe weather
- Staff will model proper social distancing protocols

Facilities & Supplies

Day Camp will increase the vigor and frequency of cleaning and sanitizing procedures throughout the summer.

- Extensive cleaning and sanitation of high-touch areas (e.g. light switches, doorknobs, sinks, etc.)
- Comprehensive cleaning of common spaces twice daily and additional disinfection when necessary.
- Program areas and supplies disinfected after use by each group.
- Ensuring that soap dispensers and hand sanitizer stations are full.
- Using only household disinfectants approved by EPA as effective against coronavirus, bleach solutions made in accordance with CDC guidelines, or other cleaners as recommended by CDC.
- Limit sharing of supplies between groups, and sanitizing between use where group-specific supplies are not available.
- Closing programs areas where physical distancing is not possible, or requires shared-use of equipment that cannot be sanitized

PPE – Personal Protection Equipment

The following PPE protocol will be in place for Camp programs beginning 6/15/2020 and will be updated as needed:

Masks

- All Camp staff will be required to wear a mask or cloth facial covering.
- Campers will be required to bring a mask or cloth facial covering to camp each day.
 - Masks should be worn when arriving and departing from camp.
 - Masks will be worn during indoor activities, and in outdoor activities where adequate social distancing is not feasible (e.g. passing another group on a trail)
- Reusable masks should be cleaned and disinfected daily.

Gloves

- Staff will wear gloves when serving meals, during cleaning duties, and at check-in/check-out shifts