



## QUICK GUIDE - FAQ Summer Camp 2020

### **Sterling-Rock Falls YMCA Day Camp**

**2505 YMCA Way  
Sterling, IL 61081  
7:30am to 5:30pm**

### **Office Phone**

**815.535.9622**

### **Camp Phone**

**815.535.3865**

## Are masks going to be required at Camp?



In an effort to help slow the spread of communicable illness at Camp, masks will be required for staff and campers.

- All Camp staff will be required to wear a mask or cloth facial covering while at Camp.
- Campers will be required to bring a mask or cloth facial covering to camp each day.
  - Masks should be worn when arriving and departing from camp.
  - Masks will be worn during indoor activities, and in outdoor activities where adequate social distancing is not feasible.

Reusable masks should be cleaned and disinfected daily.



## Modified Drop-off & Pick-up Procedures

To prevent large gatherings in any area of Camp, we will be implementing a 'drive-through' process for pick-up and drop-off. Please remain in your vehicle until a staff member checks you in/out.

### During Drop-off:

- Parents are to remain in vehicle

- Staff will take and record child's temperature

- Staff will complete screening questionnaire

- Child will then be sent to wash hands and then join group

### Pick-up:

- Parents are to remain in vehicle

- IDs should be presented through closed window

- Staff will take and record child's temperature

Anyone picking up a child must be listed on that child's health profile as authorized to pick-up. PHOTO ID REQUIRED. Please be prepared to present your ID to staff when picking up campers.

If no staff are present to check you in/out, please call our phone at:

**815.535.3865**

This number may also be used if you have an emergency and no one answers in the office.

## Illness and Exclusion while at Camp



Daily health screenings will be a must this summer at Camp. Campers and Staff are expected to arrive 'fit for camp'.

Parents should keep campers home who are showing signs or symptoms of illness.

Campers and staff demonstrating signs of or symptoms of communicable illness should be reported to Camp leadership.

### **Upon arrival to Camp each day, staff and campers will:**

- Be screened through health questionnaire
- Have temperature taken and recorded prior to joining groups
  - Anyone with a temperature of 100.4 or higher will not be allowed to stay for program.
  - Campers and staff will be excluded from program until they have been fever-free, without the aid of fever reducing medications, for 72 hours.

If camper or staff are found to be unwell or sick during the day, they will be sent home until they are well enough to return. Staff are trained to report sick campers to Camp leadership if they are suspicious of an illness sooner rather than later. Campers exhibiting a fever of 100.4 or higher will be escorted to an isolation area until parents arrive to pick-up.

## Prevention Protocols

Sterling-Rock Falls Day camp will adopt a variety of strategies from CDC and ACA guidelines to help create a healthy environment for our campers and staff.

### Hand Washing

Handwashing is one of the best ways to keep our camp safe from communicable illnesses. We have trained our staff about hand washing and hand hygiene. We can help prevent the spread of illness by frequently washing our hands with soap and water for at least 20 seconds. Hand sanitizer will be readily available in rare areas where soap and water are not available.

Staff will lead by example with hand washing:

- o Upon arrival to camp
- o After using the restroom
- o Before/After eating
- o After using such items as sports equipment, craft supplies, etc.
- o After blowing nose, sneezing, or coughing
- o Any times hands are excessively dirty

### Social Distancing

- o All efforts will be made to keep groups static day-to-day, and even week-to-week when feasible (i.e. same children in same group each day or week).
- o Reduced ratios of only 10 children per group
- o Staff will remind campers to remain at least 6ft. apart during activities
- o Activities planned will not require close physical contact between multiple children
- o Majority of activities will be planned for outdoors, exceptions only made for severe weather
- o Staff will model proper social distancing protocols

## What should I bring to Camp?



We suggest campers bring a backpack to carry their belongings in.

Must Have:

- Mask or cloth facial covering

Optional:

- Sack lunch

Beginning June 15th, Camp will be providing lunch to all campers at no cost through the Summer Food Program. You may opt to provide your camper a sack lunch (that does not require refrigeration) instead.

Other Suggested Items:

- Water bottle (refillable)
- Sun screen
- Bug Spray
- Spare set of clothes
- Rain poncho

At Camp, we learn through play and exploration, spending the majority of our day outside. Ensure your camper is dressed appropriately for the weather each day, and in clothes they don't mind getting dirty.

It is also best to leave your favorite toys, things, and phones at home so they don't get lost or broken while at Camp.