

SUMMER ESSENTIALS



PACKING LIST

PROHIBITED ITEMS

- ⊗ DIGITAL OR VIDEO CAMERA
- ⊗ CELL PHONES
- ⊗ IPODS
- ⊗ HAND-HELD VIDEO CAMERA
- ⊗ FITNESS TRACKERS
- ⊗ EXTENSION CORDS
- ⊗ CASH
- ⊗ POCKET KNIVES
- ⊗ MATCHES/LIGHTERS
- ⊗ FIREWORKS

Clothing

- Pajamas (1 warm, 1 cool weather)
- Swimsuit (1-2)
- Daily change of underwear
- Socks (8-10 pairs)
- Tennis shoes (comfortable walking shoes that can get dirty!)
- Shower shoes (flip flops or sandals)
- Water shoes for river activities
- T-Shirts (5-6)
- White t-shirt (for tie dye)
- Long sleeve shirt (1)
- Sweatshirt (1)
- Light jacket (1)
- Raincoat/Poncho
- Shorts (2-3 pairs)
- Pants (2-3 pairs)

Bedding and Toiletries

- Loose or fitted sheet for a twin bed
- Sleeping bag or lightweight covering
- Pillow and pillow case
- Towels & washcloths (2)
- Laundry bag
- Deodorant
- Toothbrush & toothpaste
- Personal toiletry items
- Sunscreen
- Insect repellent

Other

- Water bottle
- Stationary & stamps
- Disposable camera (not camera phone)
- 6-10 cloth or disposable masks
- Flashlight and batteries
- Comfort item
- Book and/or games for quiet times

YMCA Camp Benson strongly encourages that you label all items that you send to camp with your camper's initials. Items left at camp that are not claimed within two weeks are donated to charity.

